Winter car kit checklist

Quick answer: Before a winter journey, check the forecast, route, vehicle condition and whether the trip is necessary. Carry warm clothing, a charged phone and supplies suited to the journey.

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What to do now

1. Check the current official advice for your area and situation.
2. Write down the household details or supplies that would help you act calmly.
3. Choose one small action today and review the plan when circumstances change.

Practical details

Plan for delays without assuming a kit makes every journey safe. Follow Highway Code guidance, keep the windscreen and lights clear, and tell someone your route if conditions are difficult. If authorities advise against travel, follow that advice.

Keep the plan straightforward and make sure everyone at home knows where the relevant supplies and contact information are. If circumstances change, update it rather than relying on an old printed list.

Make it fit your household

Consider children, pets, mobility, medicines, dietary needs and whether anyone relies on mains-powered equipment. For health questions, speak to a pharmacist, GP, NHS 111, equipment supplier or clinical team as appropriate. For urgent danger call 999.

Local arrangements differ across the UK. Use the official links below for current information rather than assuming one service covers every nation.

Common questions

▶ **What should I do first?**

▶ **Does this advice apply everywhere in the UK?**

▶ **How often should I review this?**

▶ **Where can I get extra help?**

Sources

- Official guidance (checked 30 October 2026).
- NHS 111 and urgent care (checked 30 October 2026).

Reviewed by the PrepperReady team, 30 October 2026.

Related: Explore the winter hub, build a household kit, and browse planning tools.

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